

## Conewood Manor Weekly Menu – SPRING MENU

### Week 2

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<b>Breakfast</b>	Cereal Porridge Fruit Juice Mushroom and Toast Tea & Coffee	Cereal Porridge Bacon Toast Fruit Juice Tea & Coffee	Cereal Porridge Sausages Toast Fruit Juice Tea & Coffee	Cereal Porridge Boiled eggs Toast Fruit Juice Tea & Coffee	Cereal Porridge Pancakes Toast Fruit Juice Tea & Coffee	Cereal Porridge Toasted Teacakes Fruit Juice Tea & Coffee	Cereal Porridge Croissant Toast Fruit Juice Tea & Coffee
<b>Lunch: Soft option available daily, pureed also available</b>	Turkey and leek pie boiled potatoes & green beans  OR  Vegetarian Ravioli  with potatoes & green beans	Ham & Leek Bake  OR  Fish Pie  Mashed Sweet Potato	Sweet & sour Chicken with rice  OR  Vegetable Risotto  Grilled Tomatoes	Hotdogs with chip  OR  Vegetarian Pie  Green Beans	Breaded Cod Chips  OR  Broccoli Cheese  Seasonal Vegetables	Faggots, mash and Broccoli  OR  Vegetarian Omelette  Mash potato, And mashed carrots.	Roast Beef, roast potatoes, Yorkshire puddings, carrots  OR  Soft Vegetable Stew with rice
<i>Daily Homemade Soup.</i>							
<b>ON REQUEST:</b>							
<i>Salads and Omelettes available daily with various fillings.</i>							
<b>Hot or Cold Desert</b>	Lemon Meringue  OR  Strawberries and clotted cream	Banoffee Pie  OR  Fresh Fruit Chopped	Treacle Tart  OR  Fruit cocktail	Chocolate Sponge with Chocolate Sauce  OR  Oranges and Jelly	Apricot Crumble  OR  Chocolate Mousse	Rice Pudding & Strawberry Jam OR  Ice Cream & Fresh Fruit	Pavlova  OR  Chopped Fruit
<b>SUPPER</b>	Scotch eggs and salad	Sausage Rolls & Baked Beans	Pork Pie and salad	Quiche and Tomatoes	Mozzarella Cheese bites	Prawn pasta salad	Cod Fish Cakes & cucumber
	Fresh Sandwiches  Mandarin Jelly	Fresh Sandwiches  Crème Caramel	Fresh Sandwiches  Ice Cream & wafers	Fresh Sandwiches  Fruit cocktail	Fresh Sandwiches  Peaches & Cream	Fresh Sandwiches  Vienetta	Fresh Sandwiches  Scones, clotted cream and Jam
<i>Homemade Soup.</i>							
<i>ON REQUEST: Fresh fruits daily.</i>							

# Conewood Manor

## Weekly Menu – Spring Menu

### Week 3

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<b>Breakfast</b>	Cereal Porridge Fruit Juice Sausages Tea & Coffee Toast	Cereal Porridge Bacon Toast Fruit Juice Tea & Coffee	Cereal Porridge Scrambled Egg Toast Fruit Juice Tea & Coffee	Cereal Porridge Boiled eggs Toast Fruit Juice Tea & Coffee	Cereal Porridge Bacon Toast Fruit Juice Tea & Coffee	Cereal Porridge Toasted Teacakes Toast Fruit Juice Tea & Coffee	Cereal Porridge Croissant Toast Fruit Juice Tea & Coffee
<b>Lunch: Soft option available daily and Vegetarian</b>	Chicken Pie  OR  Vegetarian Ravioli  With potato salad	Salmon and Broccoli bake  OR  Cheesy Omelette  Seasonal Vegetables	Ham, Egg and Chips  OR  Slow cooked vegetarian casserole with rice	Shepherd's pie  OR  Vegetarian Stew with rice  with seasonal vegetables	Battered Cod With Thick cut Chips  OR  Spanish Omelette  Mushy peas	Lamb Hot Pot  OR  Risotto with Vegetables  green beans	Roast Pork & Yorkshire Pudding Swede & carrot mash  OR  Quiche Lorraine with seasonal Vegetables
<p><i>Daily Homemade Soup.</i> <i>ON REQUEST:</i> <i>Salads</i> <i>Omelettes available daily with various fillings.</i></p>							
<b>Hot &amp; Cold Desert</b>	Stewed Fruits  OR  Seasonal Fruit & Ice-cream	Cheesecake  OR  Peaches & cream	Fruit Flan  OR  Seasonal Fruit	Apple and Pear Crumble  OR  Strawberry Jelly & Ice Cream	Banoffee Pie  OR  Seasonal Fruit & Ice-cream	Lemon Meringue Pie  OR  Ice Cream & Seasonal Fruit	Sultana Sponge and Custard  OR  Banana & custard
<b>SUPPER</b>	Cheddar cheese stars and salad	Prawn rolls	Pizza	Quiche served with salad	Pasties	Jacket Potato, cheese & Coleslaw	Hot dog & onions
	Fresh Sandwiches  Strawberry Mousse	Fresh Sandwiches  Trifle	Fresh Sandwiches  Cherry Cheesecake	Fresh Sandwiches  Coffee Cake	Fresh Sandwiches  Choc Ice	Fresh Sandwiches  Crème Caramel	Fresh Sandwiches  Fresh Fruit & jelly
<p><i>Homemade Soup.</i> <i>ON REQUEST: Fresh fruits daily.</i></p>							

# Conewood Manor

## Weekly Menu - SPRING

### Week 1

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<b>Breakfast</b>	Cereal Porridge Fruit Juice Bacon & Toast Tea & Coffee	Cereal Porridge Sausages & Toast Fruit Juice Tea & Coffee	Cereal Porridge Boiled Egg & Toast Fruit Juice Tea & Coffee	Cereal Porridge Bacon & Toast Fruit Juice Tea & Coffee	Cereal Porridge Mushrooms & Toast Fruit Juice Tea & Coffee	Cereal Porridge Sausages & Toast Fruit Juice Tea & Coffee	Cereal Porridge Scrambled Eggs & Toast Fruit Juice Tea & Coffee
<b>Lunch: Green option is soft, all food can also be pureed if</b>	Cottage Pie  OR  Macaroni Cheese  Mash or Croquettes & peas	Chicken Curry and Rice  OR  Jacket Potato with Baked Beans & Cheese  Salad, tomatoes and cucumber	Mexican Beef with vegetarian rice  OR  Vegetarian Fingers  Green beans & sliced carrots	Beef Burger and cheese in a Bun  OR  Vegetarian Stew  Sweet potatoes Chips & Salad	Battered Cod Fish  OR  Cauliflower Cheese  Mash or Chips Mushy Peas & Grilled Tomatoes	Lamb Stew  OR  Vegetarian Lasagne  Mixed Vegetables	Roast Chicken with roast potatoes  OR  Vegetarian Pie  Seasonal Vegetables
<b>Daily Homemade Soup.</b> <b>ON REQUEST: Salads and Omelettes available daily with various fillings.</b>							
<b>Hot or cold Desert</b>	Rhubarb Crumble & Custard  OR  Fresh Fruits	Coconut Sponge & Custard  OR  Fruit and Ice Cream	Apple Crumble  OR  Fresh Fruit	Rice Pudding  OR  Oranges and Jelly	Stewed Fruits  OR  Raspberries & Jelly	Bakewell Tart  OR  Peaches and Cream	Banana Cake and custard  OR  Fruit Cocktail
<b>SUPPER</b>	<b>Mini Toad in the holes</b>  Fresh Sandwiches  Strawberry Delight	Vegetarian Quiche  Fresh Sandwiches  Strawberry Cheese cake	Jacket Potatoes with cheese and coleslaw  Fresh Sandwiches  Chocolate Delight	Fish Fingers and baked beans  Fresh Sandwiches  Yoghurts & Fresh Fruit	Ham and Cheese Pizza  Fresh Sandwiches  Ice Cream Rolls	<b>Pigs in blankets</b>  Fresh Sandwiches  Fresh Fruit	Crumpets and Cheese  Fresh Sandwiches  Jam Tarts
<b>Homemade Soup. ON REQUEST: Fresh fruits daily.</b>							