

Conewood Manor

Weekly Menu – SPRING MENU

Week 2

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Breakfast	Cereal Porridge Fruit Juice Mushroom and Toast Tea & Coffee	Cereal Porridge Bacon Toast Fruit Juice Tea & Coffee	Cereal Porridge Sausages Toast Fruit Juice Tea & Coffee	Cereal Porridge Boiled eggs Toast Fruit Juice Tea & Coffee	Cereal Porridge Pancakes Toast Fruit Juice Tea & Coffee	Cereal Porridge Toasted Teacakes Fruit Juice Tea & Coffee	Cereal Porridge Croissant Toast Fruit Juice Tea & Coffee
Lunch: Soft option available daily, pureed also available	Turkey and leek pie boiled potatoes & green beans OR Vegetarian Ravioli with potatoes & green beans	Ham & Leek Bake OR Fish Pie Mashed Sweet Potato	Sweet & sour Chicken with rice OR Vegetable Risotto Grilled Tomatoes	Hotdogs with chip OR Vegetarian Pie Green Beans	Breaded Cod Chips OR Broccoli Cheese Seasonal Vegetables	Faggots, mash and Broccoli OR Vegetarian Omelette Mash potato, And mashed carrots.	Roast Beef, roast potatoes, Yorkshire puddings, carrots OR Soft Vegetable Stew with rice
<i>Daily Homemade Soup.</i>							
ON REQUEST:							
<i>Salads and Omelettes available daily with various fillings.</i>							
Hot or Cold Desert	Lemon Meringue OR Strawberries and clotted cream	Banoffee Pie OR Fresh Fruit Chopped	Treacle Tart OR Fruit cocktail	Chocolate Sponge with Chocolate Sauce OR Oranges and Jelly	Apricot Crumble OR Chocolate Mousse	Rice Pudding & Strawberry Jam OR Ice Cream & Fresh Fruit	Pavlova OR Chopped Fruit
SUPPER	Scotch eggs and salad	Sausage Rolls & Baked Beans	Pork Pie and salad	Quiche and Tomatoes	Mozzarella Cheese bites	Prawn pasta salad	Cod Fish Cakes & cucumber
	Fresh Sandwiches Mandarin Jelly	Fresh Sandwiches Crème Caramel	Fresh Sandwiches Ice Cream & wafers	Fresh Sandwiches Fruit cocktail	Fresh Sandwiches Peaches & Cream	Fresh Sandwiches Vienetta	Fresh Sandwiches Scones, clotted cream and Jam
<i>Homemade Soup.</i>							
<i>ON REQUEST: Fresh fruits daily.</i>							