

AUTUMN MENU

Week 2

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Breakfast	Cereal Porridge Fruit Juice Bacon Sandwich Tea & Coffee	Cereal Porridge Fruit Juice Sausage Sandwich Tea & Coffee	Cereal Porridge Fruit Juice Scrambled Egg on toast Tea & Coffee	Cereal Porridge Fruit Juice Sausage Sandwich Tea & Coffee	Cereal Porridge Fruit Juice Eggs & toast Tea & Coffee	Cereal Porridge Fruit Juice Full English Tea & Coffee	Cereal Porridge Fruit Juice Full English Tea & Coffee
Lunch: Soft option available, pureed also available	Shepherd's Pie OR Salmon Fish Cakes With rice, peas and carrots	Chicken Casserole with dumplings OR Vegetable Stew Creamed potatoes, rice and naan bread, broccoli and carrots	Roast chicken OR Mushroom Risotto Roast Potatoes, Brussel sprouts and carrots	Beef hot pot OR Salmon Fillets New potatoes, carrots and broad beans	Ham OR Battered Cod Chips, Mushy peas & grilled tomatoes	Mince beef and onion Pie OR Sausage casserole Creamed potatoes, broccoli, swede.	Roast Beef OR Macaroni cheese Roast potatoes, Yorkshire pudding, stuffing, peas & cabbage
<i>Vegetarian option on request</i>							
<i>Salads and Omelettes available daily with various fillings.</i>							
<i>Fruit on request</i>							
Desert, ice cream or yoghurts available	Strawberry Flan Or Ice cream	Lemon Sponge & cream Or Jelly	Semolina & Jam Or Fresh Fruits	Stewed fruits and custard cream Or Ice Cream	Mixed fruit sponge and custard Or Fruit cocktail	Fruit crumble OR ice cream	Cherry pie and cream Or Banana Custard
SUPPER	Homemade Pizza	Sausage rolls and baked beans	Jacket potatoes, beans and cheese	Chicken Nuggets & chips	Scrambled eggs on toast	Crumpets & cheese	Cheese board
	Fresh Sandwiches & homemade soup	Fresh Sandwiches & homemade soup	Fresh Sandwiches & homemade soup	Fresh Sandwiches & homemade soup	Fresh Sandwiches & homemade soup	Fresh Sandwiches & homemade soup	Fresh Sandwiches & homemade soup
	Mandarin Jelly	Stewed Fruits	Angel delight	Crem caramel	Sponge cake	Fresh fruit salad	Eton Mess